



CME / CE Activity Detail Page

Integrated Attachment Family Therapy Training Course - Trauma Research Foundation

Activity Date: June 30, 2026 - June 30, 2029

Activity Type: Enduring

CE: 6 total credits

This activity offers 6 CE credits for:

1. Nurses (ANCC NCPD)
2. Social Workers (ASWB-ACE)
3. Psychologists (APA CE)
4. Interprofessional Continuing Education (IPCE)
5. Physicians (*AMA PRA Category 1 Credit™*)
6. Other*

*All other attendees will receive an *AMA PRA Category 1 Credit™* participation certificate

This activity was planned by, and for, the interprofessional healthcare team.

FACULTY:

Dafna Lender

INSTRUCTIONS FOR LEARNING:

This activity consists of an enduring educational training program based on recorded sessions from the Integrative Attachment Family Therapy Training Course. Learners will complete self-paced instruction focused on attachment-based interventions that integrate principles from attachment theory, Dyadic Developmental Psychotherapy (DDP), and Theraplay to support children and families impacted by trauma and relational disruptions. Content is delivered through recorded video presentations, clinical demonstrations, case examples, downloadable learning materials, and reflective exercises. Participants will explore practical techniques that utilize play, co-regulation, attunement, repair, and nonverbal communication to strengthen attachment relationships and support emotional healing. The enduring format allows learners to review concepts at their own pace and revisit content as needed. To claim credit, learners must complete the educational content, any required knowledge assessments, and the post-activity evaluation. Throughout the training, participants will gain practical tools for enhancing attachment security, improving family relationships, and supporting trauma-informed clinical practice.



STATEMENT OF NEED

Attachment trauma can significantly impair a child's capacity for connection, trust, emotional regulation, and healthy engagement through play. Many traditional behavioral interventions focus primarily on symptom reduction without adequately addressing the underlying attachment disruptions and relational trauma that contribute to emotional and behavioral difficulties. Clinicians, educators, caregivers, and mental health professionals frequently encounter children and families struggling with disconnection, dysregulation, and relational challenges but may lack specialized training in attachment-focused and trauma-informed interventions. Growing research supports the importance of co-regulation, attunement, play-based interventions, and secure attachment relationships in promoting healing and healthy development. This activity addresses these practice gaps by providing evidence-informed training that helps learners understand the physiologic and relational foundations of attachment while developing practical skills to strengthen parent-child relationships, facilitate repair, and promote long-term emotional well-being.

LEARNING OBJECTIVES

After participating in this activity, learners will be able to:

1. Apply attachment-focused and play-based interventions that promote connection, regulation, and healing within families.
2. Utilize co-regulation, attunement, and repair strategies to strengthen parent-child relationships affected by trauma.
3. Incorporate principles from Dyadic Developmental Psychotherapy and Theraplay into clinical practice and family interventions.
4. Develop trauma-informed approaches that foster emotional safety, resilience, and healthy attachment patterns.

TARGET AUDIENCE

This activity is suitable for Physicians, Nurses, Social Workers, Psychologists, and other healthcare professionals.

It is particularly relevant for counselors, psychotherapists, marriage and family therapists, social workers, psychologists, nurses, addictions counselors, occupational therapists, case managers, mental health professionals, educators, caregivers, and clinicians working with children, adolescents, and families impacted by attachment disruptions, developmental trauma, and relational challenges.



DISCLOSURE DECLARATION:

It is the policy of Pinnacle Conference, LLC, to ensure independence, balance, objectivity, scientific rigor, and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. Pinnacle Conference, LLC, has evaluated, identified, and mitigated any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Faculty Disclosures

Dafna Lender, LCSW, has nothing to disclose.

Planning Committee

Dafna Lender, LCSW, has nothing to disclose.

Pamela Mehta, MD, has nothing to disclose.

Content Reviewer

Shafqat Abbas, PharmD, has nothing to disclose.

All relevant financial relationships have been evaluated and mitigated.

Unlabeled Use Disclosure

Faculty of this CME/CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices. Pinnacle Conference, LLC, the faculty, planners, and Trauma Research Foundation do not endorse the use of any product outside of the FDA-labeled indications. Medical professionals should not utilize the procedures, products, or diagnosis techniques discussed during this activity without evaluation of their patient for contraindications or dangers of use.



CREDIT INFORMATION

Jointly Accredited Provider

In support of improving patient care, this activity has been planned and implemented by Trauma Research Foundation and Pinnacle Conference, LLC. Pinnacle Conference, LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Physicians - ACCME

Pinnacle Conference, LLC, designates this Live activity for a maximum of 6 *AMA PRA Category 1 credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses - ANCC

This activity is designated for 6 contact hours.

Psychologists - APA



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Workers - ASWB



As a Jointly Accredited Organization, Pinnacle Conference, LLC is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program.

Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 6 General continuing education credits.



(IPCE) Interprofessional Continuing Education Credit



This activity was planned by and for the healthcare team, and learners will receive 6 Interprofessional Continuing Education (IPCE) credits for learning and change.